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# ALL DAY BREAKFAST

## Salmon & eggs

15

H. Forman's London smoked salmon, scrambled eggs, rocket, sourdough toast 568kcal

## Ham & eggs

10

House cooked ham, two poached eggs, sourdough toast 536kcal

## Mushroom & spinach

10

Oyster & Chestnut mushrooms, spinach, two poached eggs, sourdough toast 391kcal

## Bacon butty

7

Maple smoked streaky bacon, toasted sourdough, choice of red or brown sauce 539kcal

## Avocado & sun blushed tomato

10

Smashed avocado, sun blushed tomatoes, chilli jam, rocket, sourdough toast 566kcal

## Yoghurt bowl

7.5

Strained yogurt, rhubarb compote, chia, granola, honey 419kcal

## Add:

Avocado 172kcal

4

Bacon 109kcal

4

Egg 149kcal

3

Salmon 202kcal

10

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Please speak to a member of staff if you wish to know about specific allergens

Adults need around 2000kcal per day

SET MENU

ONE UNDER LIME <sup>by day</sup>

